



# January 2020

Allamuchy Township School  
Lunch

Lunch Price List    Student Lunch: \$3.00    Reduced Lunch: \$0.40    Adult Lunch: \$3.70

**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

**1**



New Year's Day - No School

**2**

- Hamburger on a Bun or Cheeseburger on a Bun with Pickle Chips
- Crispy Ranch Fries

**3**

- Twisted Cheesy Breadsticks with Marinara Sauce
- Roasted Parmesan Broccoli



**6**

- Chicken Nuggets
- Dinner Roll
- Tater Tots

**7**

- Cinnamon French Toast Sticks
- Warm Berry Compote
- Breakfast Sausage
- Hash Browns

**8**

- Philly Cheesesteak Hero
- Oven Baked French Fries
- Steamed Vegetable

**9**

- Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch
- Sweet Plantains
- Fiesta Rice & Beans

**10**

- EARLY DISMISSAL
- Pepperoni Stromboli
- Cucumber & Tomato Salad

**13**

- Meatless Monday
- Italian Sampler with Breaded Ravioli, Mozzarella Sticks and Marinara Sauce
- Italian Green Beans

**14**

- Hot Dog Sliders
- BBQ Baked Beans
- Country Slaw

**15**

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Southwestern/Fiesta Corn
- Fiesta Rice & Beans

**16**

- Chicken Bites
- Creamy Mac & Cheese
- Peas & Carrots
- Mini Cornbread Loaf

**17**

- Bella's Pizza
- Freshly Prepared Spring Mix Salad

**20**



**21**

- Crispy Chicken on a Biscuit
- Sweet Potato Waffle Fries

**22**

- Hot Open Faced Turkey Sandwich
- Mashed Potatoes
- Steamed Peas

**23**

- Celebrate Chinese New Year Celebration!
- Sweet & Sour Chicken
- Steamed Rice
- Stir-Fry Vegetables
- Fortune Cookie

**24**

- French Bread Pizza
- Freshly Prepared Caesar Salad

**27**

- Popcorn Chicken
- Soft Pretzel Sticks
- Mashed Potatoes
- Steamed Corn

**28**

- Triple Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Steamed Rice
- Sweet Plantains

**29**

- Pasta with Meat Sauce
- Garlic Breadstick
- Freshly Prepared Italian House Salad

**30**

- Grilled Cheese Sticks
- Tomato Soup
- Fresh Veggie Dippers

**31**

- Stuffed Crust Pizza
- Freshly Prepared Garden Salad

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**Maschio's Swap-Outs Available Daily:** Chicken Patty on a Bun , Muffin Meal , Cereal Meal , Bagel Bag & Yogurt Meal

**All Meals Served** All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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More Details: [allamuchy.nutrislice.com/menu/allamuchy-township-school/lunch/](http://allamuchy.nutrislice.com/menu/allamuchy-township-school/lunch/)

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